



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
<b>MEAT</b>	<b>Meat Free Monday</b>	Lamb Curry with Rice	Garlic Herb Roast Chicken with Roast Potatoes	Chicken Burger	Fish Fingers with Chips	Mon 08.03.21 Mon 29.03.21 Mon 04.05.21
<b>VEGETARIAN</b>	Arrabiata Pasta with Salad	Soya Chunk Curry with Rice	Garlic Herb Roast Quorn fillet with Roast Potatoes	Vegetarian Burger	Veggie Fingers with Chips	Mon 24.05.21 Mon 21.06.21 Mon 12.07.21
	Jacket Potato with Cheese/Coleslaw/Beans	Cauliflower Green Beans	Gravy Broccoli	Sweetcorn	Beans, Peas Tomato Ketchup	Mon 06.09.21 Mon 27.09.21
<b>DESSERT</b>	Fruit Crumble with Cream	Yoghurt	Lemon Jam Sponge	Jelly	Ice cream	

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
<b>MEAT</b>	<b>Meat Free Monday</b>	Chicken Pizza & Pasta	Roast Turkey with Roast Potatoes	Spaghetti Bolognese	Fish Fillet with Chips	Mon 15.03.21 Mon 19.04.21
<b>VEGETARIAN</b>	Mixed Veg. Potato Swirls	Margherita Pizza & Pasta	Quorn Roll with Roast Potatoes	Meat Free Bolognese	Quorn Nuggets with Chips	Mon 10.05.21 Tue 08.06.21 Mon 28.06.21
	Jacket Potato with Cheese/Coleslaw/Beans	Sweetcorn	Carrots, Peas Gravy	Assorted Vegetables	Beans, Peas Tomato Ketchup	Mon 19.07.21 Mon 13.09.21
<b>DESSERT</b>	Eve's Pudding	Yoghurt	Pineapple Cake	Melon & Grapes	Ice cream	

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
<b>MEAT</b>	<b>Meat Free Monday</b>	Chicken Tikka Masala with Rice	Tandoori Chicken with Roast Potatoes	Chilli Con Carne with Garlic Bread	Fish Fingers with Chips	Mon 22.03.21 Mon 26.04.21
<b>VEGETARIAN</b>	Quorn Sausage with Mash Potato	Mixed Veg. Tikka Masala with Rice	Tandoori Paneer with Roast Potatoes	Vegetable Con Carne with Garlic Bread	Veggie Nuggets with Chips	Mon 17.05.21 Mon 14.06.21
	Jacket Potato with Cheese/Coleslaw/Beans	Cabbage	Assorted Veg. Gravy	Roast Vegetables	Beans, Peas Tomato Ketchup	Mon 05.07.21 Thur 02.09.21
<b>DESSERT</b>	Mixed fruit salad	Jelly	Chocolate Cake	Mixed Berry Cake	Ice Cream	Mon 20.09.21

To help make sure our children eat a healthy and varied diet, wholesome brown bread and a range of different salads are available to choose. These range from pasta salad, beetroot, cucumber slices, sweetcorn, coleslaw, lettuce and carrot sticks.

We also serve freshly chopped fruit salad and low fat yoghurt every day.

### **Food Allergies**

We have a register of menus detailing the dietary allergens in the school canteen. Please note that some ingredients may contain traces of nuts. If your child suffers from any allergies, please let the office know in advance.

**PLEASE NOTE THAT THE MENU IS SUBJECT TO CHANGE AT SHORT NOTICE DEPENDING ON AVAILABILITY OF INGREDIENTS**

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## School Menu