

# Yeading Community House

## February 2023– April 2023

Monday	9:00am – 10:00am Coffee morning			
Tuesday	9:00am – 10:00am Coffee morning			
Wednesday	9:00 am – 9:30 am Coffee morning	9:00 am – 11:00 am Grow programme Start date: 22/02/23 Finish date: 08/03/23 Three bite size sessions, every Wednesday	1:00 pm – 3:00pm ESOL	
Thursday	Coffee morning 9:00 am 10:00 am			
Friday	Coffee morning 9:00 am 10:00 am	Yoga class 9:15-10:15	1:00 pm – 3:00pm ESOL	