



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
MEAT	Meat Free Monday	Chicken Curry with Rice	Roast Chicken with Gravy	Lamb Bolognese	Fish Fingers with Chips	Mon 04.10.21 Tues 02.11.21
VEGETARIAN	Cauliflower & Broccoli Bake	Chickpea & Sweet Potato Curry with Rice	Quorn Sausage with Gravy	Veggie Bolognese	Veggie Fingers with Chips	Mon 22.11.21 Mon 13.12.21 Mon 17.01.22
	Jacket Potato with Coleslaw/Cheese/Beans	Roast Vegetables	Roast Potatoes Broccoli	Pasta Green Beans, Sweetcorn	Peas, Baked Beans Tomato Ketchup	Mon 07.02.22 Mon 07.03.22
DESSERT	Mix Fruit Crumble with Custard	Carrot Cake	Yoghurt	Jelly	Ice cream	Mon 28.03.22

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
MEAT	Meat Free Monday	Lamb Lasagne	Chicken Pie with Gravy	Chicken Burger	Battered Fish Fillet with Chips	Mon 11.10.21 Mon 08.11.21 Mon 29.11.21
VEGETARIAN	Cheese Swirls with Smiley faces	Veg. Lasagne	Vegetable Pie with Gravy	Veggie Burger	Quorn Veggie Nuggets with Chips	Wed 05.01.22 Mon 24.01.22
	Jacket Potato with Coleslaw/Cheese/Beans	Salad Focaccia Bread	New Potatoes Carrots & Peas	Sweetcorn	Peas, Baked Beans Tomato Ketchup	Tues 22.02.22 Mon 14.03.22
DESSERT	Eve's Pudding	Yoghurt	Jelly	Strawberry Jam Sponge	Ice cream	

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
MEAT	Meat Free Monday	Chicken Pizza	Roast Turkey with Gravy	Lamb Curry with Rice	Fish Fingers with Chips	Mon 18.10.21 Mon 15.11.21 Mon 06.12.21
VEGETARIAN	Arrabiata Pasta	Margherita Pasta	Roast Quorn Roll with Gravy	Mixed Veg.Tofu Curry with Rice	Veggie Nuggets with Chips	Mon 10.01.22 Mon 31.01.22 Mon 28.02.22
	Jacket Potato with Coleslaw/Cheese/Beans	Pasta Sweetcorn	Roast Potatoes Carrots, Peas	Cabbage	Peas, Baked Beans Tomato Ketchup	Mon 21.03.22
DESSERT	Banana Cake	Melon & Grapes	Chocolate Cake	Jelly	Ice cream	

To help make sure our children eat a healthy and varied diet, wholesome brown bread and a range of different salads are available to choose. These range from pasta salad, beetroot, cucumber slices, sweetcorn, coleslaw, lettuce and carrot sticks.

Jacket Potatoes are also available every day as an alternative if required.

### Food Allergies

We have a register of menus detailing the dietary allergens in the school canteen. Please note that some ingredients may contain traces of nuts. If your child suffers from any allergies, please let the office know in advance.

**PLEASE NOTE THAT THE MENU IS SUBJECT TO CHANGE AT SHORT NOTICE DEPENDING ON AVAILABILITY OF INGREDIENTS**

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## School Menu