



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
MEAT	<b>Meat Free Monday</b>	Lamb Chilli Con carne with Rice	Roast Chicken with Roast Potatoes Yorkshire Pudding	Chicken Fajita with Tortilla Chips & Salsa Dip	Fish Fingers with Chips	<b>Wed 20.04.22</b>
VEGETARIAN	<b>Macaroni Cheese with Garlic Bread</b>	Vegetable Chilli Con carne with Rice	Quorn Chunks with Roast Potatoes Yorkshire Pudding	Veggie Five Bean Fajita with Tortilla Chips & Salsa Dip	Homemade Veggie Fingers	<b>Mon 09.05.22</b>
	<b>Jacket Potato with Cheese/Coleslaw/Beans</b>	Salad	Gravy, Cabbage, Carrots	Mexican Salad	Baked Beans/Peas/ Tomato Ketchup	<b>Tues 07.06.22</b>
DESSERT	<b>Assorted Fruit</b>	Banana Cake	Jelly	Mandarin Cake & Choc Sauce	Ice Cream	<b>Mon 27.06.22</b>
						<b>Mon 18.07.22</b>

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
MEAT	<b>Meat Free Monday</b>	Lamb Meat Balls with Spaghetti	Chicken Gujons Hash Brown	Chicken & Lentils with Rice	Battered Fish Fillet with Chips	<b>Mon 25.04.22</b>
VEGETARIAN	<b>Cheesy Vegetable Swirls with Potato Croquettes</b>	Swedish Quorn Balls with Spaghetti	Spring Rolls Hash Brown	Spinach & Lentils with Rice	Quorn Nuggets with Chips	<b>Tues 16.05.22</b>
	<b>Jacket Potato with Cheese/Coleslaw/Beans</b>	Cucumber & Carrot Sticks	Roasted Vegetables Baked Beans	Assorted Vegetables	Baked Beans/Peas/ Tomato Ketchup	<b>Mon 13.06.22</b>
DESSERT	<b>Mixed Fruit Crumble</b>	Angel Delight	Chocolate Cake	Lemon Drizzle Cake	Ice Cream	<b>Mon 04.07.22</b>

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
MEAT	<b>Meat Free Monday</b>	Lamb Kebab with Couscous	Tandoori Chicken	Chicken Pizza with Coleslaw	Fish Goujons with Chips	<b>Tues 03.05.22</b>
VEGETARIAN	<b>Arrabiata Pasta with Salad</b>	Sweet Potato Falafal with Couscous	Tandoori Paneer	Margherita Pizza with Coleslaw	Homemade Veggie Nuggets with Chips	<b>Mon 23.05.22</b>
	<b>Jacket Potato with Cheese/Coleslaw/Beans</b>	Salad Green Beans	Diced Herb Potatoes Broccoli	Pasta, Coleslaw, Italian Salad	Baked Beans/Peas/ Tomato Ketchups	<b>Mon 20.06.22</b>
DESSERT	<b>Mixed Berry Cake</b>	Melon & Grapes	Carrot Cake	Jelly	Ice- Cream	<b>Mon 11.07.22</b>

To help make sure our children eat a healthy and varied diet, wholesome brown bread sandwiches with cheese, jam and egg are also available along with plain pasta and a range of salads.

The salads range from pasta salad, beetroot, cucumber, tomatoes, sweetcorn, coleslaw, lettuce and carrot sticks.

We also serve freshly chopped fruit salad and low fat yoghurt every day.

### Food Allergies

We have a register of menus detailing the dietary allergens in the school canteen. Please note that some ingredients may contain traces of nuts. If your child suffers from any allergies, please let the office know in advance.

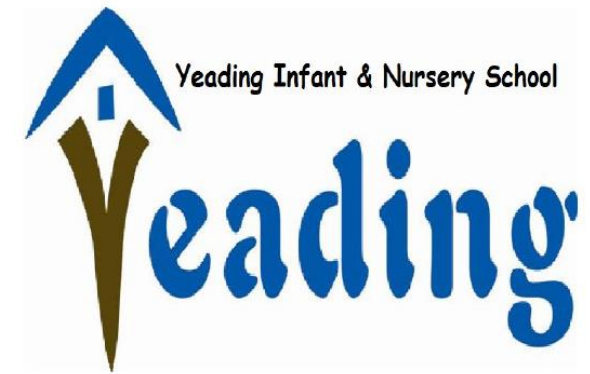
**PLEASE NOTE THAT THE MENU IS  
SUBJECT TO CHANGE AT SHORT  
NOTICE DEPENDING ON  
AVAILABILITY OF INGREDIENTS**

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## School Menu