



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
MEAT	Meat Free Monday	Lamb Chilli Con carne with Rice	Roast Chicken with Roast Potatoes Yorkshire Pudding	Chicken Fajita with Tortilla Chips & Salsa Dip	Fish Fingers with Chips	Wed 20.04.22 Mon 09.05.22 Tues 07.06.22
VEGETARIAN	Macaroni Cheese with Garlic Bread	Vegetable Chilli Con carne with Rice	Quorn Chunks with Roast Potatoes Yorkshire Pudding	Veggie Five Bean Fajita with Tortilla Chips & Salsa Dip	Homemade Veggie Fingers	Mon 27.06.22 Mon 18.07.22 Mon 05.09.22
	Jacket Potato with Cheese/Coleslaw/Beans	Salad	Gravy, Cabbage, Carrots	Mexican Salad	Baked Beans/Peas/ Tomato Ketchup	Mon 26.09.22 Mon 17.10.22
DESSERT	Assorted Fruit	Banana Cake	Jelly	Mandarin Cake & Choc Sauce	Ice Cream	

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
MEAT	Meat Free Monday	Lamb Meat Balls with Spaghetti	Chicken Gujons Hash Brown	Chicken & Lentils with Rice	Battered Fish Fillet with Chips	Mon 25.04.22 Tues 16.05.22
VEGETARIAN	Cheesy Vegetable Swirls with Potato Croquettes	Swedish Quorn Balls with Spaghetti	Spring Rolls Hash Brown	Spinach & Lentils with Rice	Quorn Nuggets with Chips	Mon 13.06.22 Mon 04.07.22 Mon 12.09.22
	Jacket Potato with Cheese/Coleslaw/Beans	Cucumber & Carrot Sticks	Roasted Vegetables Baked Beans	Assorted Vegetables	Baked Beans/Peas/ Tomato Ketchup	Mon 03.10.22
DESSERT	Mixed Fruit Crumble	Angel Delight	Chocolate Cake	Lemon Drizzle Cake	Ice Cream	

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Week Commencing
MEAT	Meat Free Monday	Lamb Kebab with Couscous	Tandoori Chicken	Chicken Pizza with Coleslaw	Fish Goujons with Chips	Tues 03.05.22 Mon 23.05.22
VEGETARIAN	Arrabiata Pasta with Salad	Sweet Potato Falafal with Couscous	Tandoori Paneer	Margherita Pizza with Coleslaw	Homemade Veggie Nuggets with Chips	Mon 20.06.22 Mon 11.07.22
	Jacket Potato with Cheese/Coleslaw/Beans	Salad Green Beans	Diced Herb Potatoes Broccoli	Pasta, Coleslaw, Italian Salad	Baked Beans/Peas/ Tomato Ketchups	Mon 19.09.22 Mon 10.10.22
DESSERT	Mixed Berry Cake	Melon & Grapes	Carrot Cake	Jelly	Ice- Cream	

To help make sure our children eat a healthy and varied diet, wholesome brown bread with cheese and boiled eggs are also available along with plain pasta and a range of salads.

The salads range from, beetroot, cucumber, tomatoes, sweetcorn, coleslaw, lettuce and carrot sticks.

We also serve freshly chopped tropical fruit and low fat yoghurt every day.

Food Allergies

We have a register of menus detailing the dietary allergens in the school canteen. Please note that some ingredients may contain traces of nuts. If your child suffers from any allergies, please let the office know in advance.

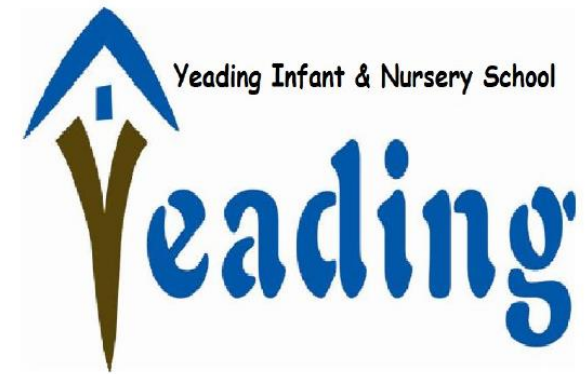
PLEASE NOTE THAT THE MENU IS SUBJECT TO CHANGE AT SHORT NOTICE DEPENDING ON AVAILABILITY OF INGREDIENTS

Yeading Infant & Nursery School
Carlyon Road
Hayes
UB4 0NR

0208 573 3389

yeading@yeadinginf.co.uk

www.yeadinginf.co.uk



School Menu