



Oral Health Parent/Carer Information Session

You are invited to attend a free information session to help you gain more information about taking care of your children's teeth.

The topics that will be covered are:

- **Tooth brushing tips**
- **Baby bottles and dummy advice**
- **Making healthy food choices for teeth**
- **Visiting the Dentist**
- **And lots more useful information**

You will also have the chance to ask questions and useful links will be provided

All sessions will be held on Zoom. Please use below the below link, meeting ID and passcode to join for each session.

Monday 11th January 2021

12.30pm – 1.15pm

Join Zoom Meeting

<https://us02web.zoom.us/j/84294813151?pwd=Y2kwSHUrQnRzZ2V4RmNQTWdaVEdNdz09>

Meeting ID: 842 9481 3151

Passcode: 7gxi3Z

Friday 15th January 2021

9.30am – 10.15am

Join Zoom Meeting

<https://us02web.zoom.us/j/81952069536?pwd=Q1dLeHFkRjZ3U2xvM0Z4OXpabS9rQT09>

Meeting ID: 819 5206 9536

Passcode: 2gezL1

Wednesday 20th January 2021

12.30pm – 1.15pm

Join Zoom Meeting

<https://us02web.zoom.us/j/87834800746?pwd=SkV4cHN4RUovUks1WUg3UjFmUFNvZz09>

Meeting ID: 878 3480 0746

Passcode: 1ywgQs

For further information please contact the Community Dental Service, Hillingdon, Oral Health Promotion Team

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