

## ORAL HEALTH INFORMATION SESSION



**Session covering: Oral health information - children & young people with additional needs.**

**Aim:**

**To raise awareness about oral health diseases and to promote evidence based methods for prevention.**

**Learning Outcomes:**

**By the end of the training the Professionals will be able to:**

- **Diseases and condition of the oral health cavity**
- **Demonstrate an understanding of the importance of oral health**
- **Recognise factors that contribute to poor oral health**
- **Understand key oral health messages.**
- **Understanding the effects of sugar in food and drinks on oral health**
- **Increasing the understanding of the importance of tooth brushing and techniques**
- **Be aware of the importance of fluoride toothpastes including information around taste free toothpastes**
- **Be aware of the different types of tooth brushes available for children & young people with additional needs**
- **Understand the need for interproximal cleaning and at what age to start**
- **Access to dental services - Referral**

**Who should attend?**

- 0-19 Health Visiting & School Nursing Teams
- Looked After Children's Teams
- Foster Carers and Teams
- Library Teams

- School Teams
- Children's Centre Staff
- Childminders/Nurse Teams
- Early Years Teams

**All sessions will be held on Microsoft Teams**

**To book onto a session please email: [sallymcgregor1@nhs.net](mailto:sallymcgregor1@nhs.net)**

- Wednesday 13<sup>th</sup> January 2021 – 10.00am – 11.30am
- Monday 18<sup>th</sup> January 2021 – 10.00am – 11.30am

**or further information please contact the Community Dental Service, Hillingdon, Oral Health Promotion Team Sally McGregor - [sallymcgregor1@nhs.net](mailto:sallymcgregor1@nhs.net)**