

Whole School PSHE schedule

Whole School:	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
All year:						
Self-regulation	Circle Time	Circle Time	Children's Mental Health Week	Circle Time	Circle Time	Circle Time
Relationship education	World Mental Health Day	Friendship (Anti-bullying) Week			Mental Health Awareness Week	Empathy Day
British Values	Healthy Schools: gardening	Stranger Danger		World Health Day	Healthy Schools: gardening	Healthy Schools: Sports day
Assessment						
Charities	British Legion, Hillingdon Food Bank, Children In Need		Reading Trust, NSPCC Number Day, Comic Relief		Book Trust Pyjamarama Day, Wear It Wild	

Nursery:	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
specific topics						PANTS

Reception	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
specific subjects	All About Me	I am healthy PANTS	Our World Safer Internet Day	Growing	We can cook	I can do it myself!

Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
specific subjects	New Beginnings	Safety First PANTS	Our Values Safer Internet Day	Our Important People	It's My Body	Going for goals!

Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
specific subjects	New Beginnings	Think Positive PANTS	One World Safer Internet Day	Digital Wellbeing	Money Matters	Growing Up Good and bad medicines