

PE at Yeading Infant and Nursery School

Intent

Our school physical education curriculum aligns with the national curriculum key objectives. We aim to equip our students with fundamental movement skills, fostering competence, confidence and collaboration in activities that enhance agility, balance and co-ordination. Our focus extends beyond the classroom, promoting sustained physical activity, both competitive and cooperative. Our ultimate intent is to inspire a lifelong commitment to being healthy, active living, ensuring our pupils lead well-rounded lives founded on fitness, teamwork, and resilience.

Implement

PE National Curriculum – [Please click here for national curriculum](#)

- Real PE scheme of work for dance, gymnastics and games
- Lunch time and after school sports clubs
- Girls only football
- South Hillingdon Schools Sports Network taster sessions which has included Taekwondo, Rugby, American football, Cricket, Squash, Dance
- Sports day
- Inter school events e.g. Olympic festival
- Balance bike lessons
- Daily mile/Marathon Kids
- Mini London Marathon
- Change for life sessions
- Walk/Cycle to school
- Sports Ambassadors
- Sports for Champions
- Disney's Shooting Stars

Impact

Children leave Yeading Infant and Nursery School having a love for sport and physical activity both in and out of school, with this continuing into later life. Children will have worked on their own aspirations in relation to PE and this will be carried on after leaving KS1, with children continuing to participate for enjoyment or competitively. All children should be able to discuss the importance of a healthy lifestyle and how this can be achieved as well as develop skills that underpin life such as teamwork, sportsmanship, self-motivation, resilience, and independence.

