



Yeading Infants News

JANUARY 2024

Headteacher:
Mrs Ahluwalia

Deputy
Headteacher:
Mrs Malik

Assistant
Headteacher:
Mrs Cheema

Headteachers' Message

Welcome to our January edition of our monthly school Newsletter! I wanted to start by celebrating that we now have over 500 followers on our Instagram account! Welcome to you and thank you to all our parents who have been with us since the beginning, interacting with the school account!

It has been a pleasure receiving information on my emails about the number of children who are working through 50 consecutive sessions on Doodle. Children who are actively taking part are making good progress at school too.

Since the holidays children have returned to school with inspired energy and enthusiasm for their learning and behaviour. As I have visited classes and spoken to children, I have seen that children are displaying excellent learning behaviours. Lots of chil-

dren are showing us the 5Rs (Resilience, Reasoning, Reflectivity, Responsibility and Resourcefulness) that help them be independent learners for life. I am taking assemblies every Monday where we discuss these in detail and the children even share work about these.

Some children who have shown exceptional behaviour and learning have had the opportunity to have Coffee Morning with me in my office. It is always such a pleasure.

In school we have been focussing on Language and reading amongst other things this month. The children across the school have shown real dedication to using key vocabulary and social language to support their learning and behaviour,

especially in the playground.

If you would like to find out more about how other ways in which you can support your child, please do take a look at the Yeading Community House timetable as they offer a vast array of services including English Language Classes.

We look forward to seeing all the parents in Parents evening in March, after half term. Please do remember to sign up for a slot to book an appointment.

We have been continuing to support children with wellbeing and mental health so please do spend some time looking at the resources shared in this newsletter. Please remember to keep safe and look out for each other.

Mrs Ahluwalia



News in brief....

Remember to be punctual at school! It is important to be present early in your classroom so that children don't miss out on their learning. Children who don't miss any school and have 100% attendance will receive a certificate at the end of the term. Lets see if we can all get one!

Medical and Dentist Appointments

Please could we remind parents and carers to book medical and dental appointments after school and in holidays wherever possible. Taking time off school will affect your child's attendance and they miss out on their learning. Thank you.

Celebrating Birthdays in school:

We are a Gold Healthy School and if you would like your child to celebrate in school, please feel free to donate a class book to the class library. Thank you for your co-operation.

Support for Parents!

We are so fortunate at Yeading to have such a committed and supportive group of parents. Being involved in your child's learning gets them excited about developing their skills and showing everything that they have learnt. We are also committed in supporting you by sharing resources that will benefit an interactive learning experience at home. You may have seen in one of our recent newsletters we shared glossaries from the Oxford Owl website. If you have not yet had a chance to take a look, please do! Here are the links once more: [English](#) [Maths](#)



Toy Workshop and Lunar New Year

This year is the year of the Dragon. Already children have been learning about the customs and traditions that are shared in communities celebrating the Lunar New Year. Look out for some artwork in your child's class.

Children in Year 1 have been taking part in a Toys Workshop learning outside of their classroom, about the toys from the past. They have investigated the materials used to make the toys and even had a play with

them too! Thank you to Chertsey Museum for their outreach team's visit this month!

Teeth Brushing

At Yeading we have been really trying our best to keep our teeth and gums really healthy! We have been sharing some really important information about how to

brush teeth properly the children and how fluoride learn how important this is. help keep teeth and gums healthy. We have been practicing correct brushing in the classroom so that



BREAKING GROUND

Many of you will know about the recent building work that has started on the school grounds. We are delighted to be building on a brand new learning pod for the children in the Discovery Garden. This will be a multi use space that will include resources for Breakfast club, Forest School, classroom and library. The children had the opportunity to take part in the 'Breaking Ground' ceremony with the Project Manager Bruce. It was a wonderful opportunity for the children to learn more about the building work and also consider important health and safety information.

Later in the month Project Manager Bruce led one of our assemblies where he was able to tell us more about the project. We learnt more about how it is a green building with plants on the roof and how it will be made with pre cut panels and put together like Lego! All in all we are very excited about the project especially now that the foundations have already gone in! Next the walls will be going up!





Since September 2023 we are offering a fantastic opportunity for our parents to take part in a course called Triple P parenting. We support parents with setting expectations and boundaries that will in turn raise attainment.

Our first 'class' of parents who attended the course graduated with flying colours and celebrated in December 2023.

The sessions are run by the Infant and Junior schools together with Mrs Loi from our school leading the sessions. Through a concerted approach with home and school parents enjoy

open and useful discussions within the group. The celebration in December allowed for parents to share as a group all that they have achieved. It was a wonderful opportunity and enjoyed by all. If you would like to join one of our future classes and find out more, please speak to us.

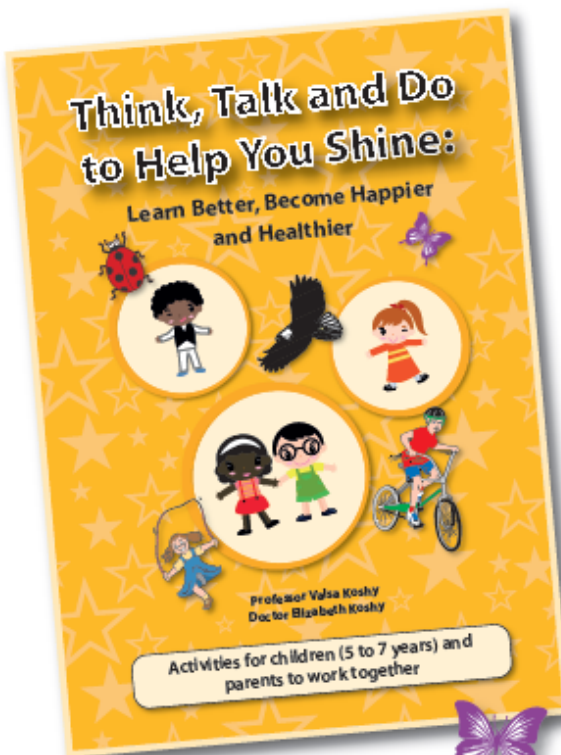




Think, Talk and Do to Help You Shine: Learn Better, Become Happier and Healthier

(For Ages 5 to 7 Years)

Authors: Professor Valsa Koshy and Dr Elizabeth Koshy



This book contains 35 activities for parents and carers to work with their children. The activities have been carefully chosen to help children to become better learners and, at the same time, to become healthier and happier. All parents want their children to be happy, healthy and successful and as our own research and experience show, parents have an important role to make this happen.

The activities in the book takes into account the latest research and government policy documents which tells us:

- Finding children's special interests, passions and gifts and letting them know what their particular strengths are encourage children to make more effort and want to succeed. As well as finding children's individual interests and passions, we must provide opportunities to develop them.

- Working with adults and being guided by them, children enjoy learning more and achieve better results.
- We must encourage children to think about their future plans and aspirations as early as possible.
- Talking and discussion help children to make stronger connections in their brain and can make them more effective learners.
- Eating the right foods contributes to children's good health, energy levels and overall wellbeing.





How to use this pack

The activities provide parents with the knowledge they need to guide the children. They give them the tools to think and talk with.

Ideally, parents, grandparents or other adults should introduce each of the activities and discuss what is expected of them. Each activity is free-standing and can be used over many sessions. Many of the activities could be repeated both inside and outside the home. It is very useful to re-visit activities to make sure that children understand and practise what they have been introduced to previously.

Children should be encouraged to share their thoughts orally and their written comments about what they have learnt from an activity and other thoughts can be recorded in the pages provided at the back of the pack. **Promoting active discussions is an important part of using the activities.**

While working through the activities parents will be able to find out very useful information about your children's special interests, gifts, knowledge, understanding of issues and attitudes. There will also be opportunities for noticing aspects of your children's lives which may be causing them anxiety, stress, fear or lack of motivation. Prompt action can be taken where necessary. Share your findings with the child's class teacher.

You don't need expensive equipment to do these activities. Talking and enjoying working together is the most important aim of this book. All you need are: pencils, paper, colour pencils or/felt tips and dice, most of which can be bought from shops quite cheaply.

The Authors

Professor Valsa Koshy MBE, PhD is a professor of education. She founded the first University-based Talent Development Centre in the UK, at Brunel University. Her interests include: the enhancement of the quality of children's learning, the search and fulfilment of talents of children who live in challenging circumstances and mathematics education.

Dr Elizabeth Koshy, MRCP (Distinction), PhD has worked as a general practitioner, a course leader (teaching undergraduate medical students) and as a medical researcher at Imperial College London. She has a passion for supporting parents on aspects of children's physical health and wellbeing and helping to create the right foundations to boost children's wellbeing and potential.



MINDFUL *Moments*

Trace and Breathe

Trace along the rainbow with your finger
as you breathe in and out



5-4-3-2-1 Mindfulness

List...

- 5 things you can see
- 4 things you can touch
- 3 things you can hear
- 2 things you can smell
- 1 thing you can taste

www.beautyandthebumpnyc.com

Free parenting workshops with lots of topics covered in easy to follow videos.

<https://parentingsmart.place2be.org.uk/>



Triple P Parenting



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Ground Breaking Ceremony



Ground Breaking Ceremony



Builder Safety Assembly



Ground Breaking Ceremony





Tea with Head Teacher



Tea with Head Teacher



Tea with Head Teacher



Tea with Head Teacher



Toy Workshop



Pearl Class Assembly



Toy Workshop



Toy Workshop