



Oral Health Parent/Carer Information Session

You are invited to attend a free information session to help you gain more information about taking care of your children's teeth.

The topics that will be covered are:

- **Tooth brushing tips**
- **Baby bottles and dummy advice**
- **Making healthy food choices for teeth**
- **Visiting the Dentist**
- **And lots more useful information**

You will also have the chance to ask questions and useful links will be provided

All sessions will be held on Zoom. Please click on the below link, meeting ID and passcode to join for each session.

Monday 6th September 2021 – 9.30am -10.15am

Monday 13th September 2021 – 9.30am -10.15am

Monday 20th September 2021 – 9.30am -10.15am

Monday 27th September 2021 – 9.30am -10.15am

Link to join all Zoom sessions

<https://us02web.zoom.us/j/86748162480?pwd=Z1RwdXZXZyZBCUHZOeGpsRFNGTHlYdz09>

Meeting ID: **867 4816 2480**

Passcode: **61pkkK**

For further information please contact the Community Dental Service, Hillingdon, Oral Health Promotion Team

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