

## Mental Health Week

We all celebrated 'World Mental Health Day' by thinking about what makes us happy. Children created positive pictures about how to maintain their own personal mental health and have developed a good understanding of our 'Zones of Regulation'.

### The **ZONES** of Regulation

Blue Zone	Green Zone	Yellow Zone	Red Zone
Sad Bored Tired Sick	Happy Focused Calm Proud	Worried Frustrated Silly Excited	overjoyed/Elated Panicked Angry Terrified

## Recycling Week 16th-22nd Oct 2023

This week children have been learning all about the 5 R's

### **Reduce, Reuse, Repair, Recycle and Repeat**

This year's theme - The Big Recycling Hunt - focuses on "missed capture": the items that can be recycled but are commonly missed in the home. The campaign will have two distinct elements: firstly, for schools - encouraging the country's children to partake in fun activities throughout Recycle Week.



### Doodle Reminder

Please ensure you access 'Doodle' for 10 minutes per day as well as exploring the different topics. This will support your child to keep on track with their learning throughout this academic year.



Infant & Nursery School

## Reception Weekly Newsletter 13<sup>th</sup> October 2023

Please visit us on our website:

[www.yeadinginf.co.uk](http://www.yeadinginf.co.uk)

and Instagram account

[https://instagram.com/yeading\\_infants](https://instagram.com/yeading_infants)

You will find all school information, updates, term dates and up & coming events

School will be closed for half term from 23<sup>rd</sup> until 27<sup>th</sup> October 2023.

Please note there is no school on Monday 30<sup>st</sup> October 2023

This is a staff training day. Children will return to school on Tuesday 31<sup>st</sup> October 2023.



**IMPORTANT NOTICE-** Here is the QR code for Doodle. Please scan to start. Thank you!



**Parents Evening** - A gentle reminder- Parents evening will commence from the week beginning 16<sup>th</sup> October.

### **Reading**

Please make sure reading books and records are in school every day, as staff try to listen to children read as much as possible.

Children should be reading for 10 minutes per day, along with accessing 'Bug Club'.

### **Literacy**

This week we have been describing our favourite character in the story 'Monkey Puzzle'. Next week we will be revisiting the topics we have covered this term.

**Homework** - Discuss what happened in the beginning, middle and the end in the story.

### **Phonics**

This week we have been looking at letter sounds Hh, Bb, Ff and FFff. Next week we will be recapping all the letters and sounds we have covered this term.

**Homework** - Can you write all the sounds which we have been learning this half term in phonics? Can you also practice name writing with your child as some are still struggling to form letters correctly.  
For example- s,a,t,p,i,n,m,d,g,o,c,k,ck,e,u,r,h,b,f,ff,l,ll

### **Rhyme of the week**

Butterfly, Butterfly, flutter around.  
Butterfly, Butterfly, touch the ground.  
Butterfly, Butterfly, fly so free.  
Butterfly, Butterfly, land on me!  
Butterfly, Butterfly, reach the sky,  
Butterfly, Butterfly, say good-bye!

### **Question of the week**

**What is your favourite place?**

### **Maths**

This week we have been learning 1 more than a given number. Next week we will be revisiting the topics we have covered this term.

**Homework** - Please continue to practise forming numbers with your child at home. Please use various objects at home and ask children to count how many there are. They can count how many toy cars there are or how many apples are in the fruit bowl. This will help the children to build their counting skills immensely. This could be a fun family activity that everyone can enjoy!

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Thank you!

The Reception Team